

Sew an Elf Stocking



This pattern is a relatively quick sew but a little more involved than the basic stocking. The main difference is the cuff – with the elf points. That is optional but makes it different. Note this cuff could also be used on the classic stocking.

These instructions are based on the free pattern from Patty Young and Emalee Grambo of MODKID, LLC. <https://babylock.com/elf-socking>

Instructions

1. Prepare pattern pieces. If you need a pattern, you can download one at the website above Assemble the pattern by printing and taping the pattern pieces as described below. (skip if you obtained a precut set of pieces).
 1. Print all pattern pieces at 100% (no scaling).
 2. Cut pattern pieces on the outer solid line (including the shaded areas).
 3. Overlap the shaded areas as indicated on the pattern pieces and tape together to form your lower “sock” pattern piece. This will be referred to as Pattern Piece A.
 4. Cut Pattern Piece B along the outer solid lines only (do NOT cut along the diagonal dashed lines).

1. Cut the Fabric Pieces

1. Pattern Piece A (Sock):

- cut two pieces of the exterior fabric
- cut two pieces of batting (or fleece)
- cut two pieces of lining fabric. (It is best to cut the curl off the lining to make it easier later)

2. Pattern Piece B (Cuff): cut four pieces of the cuff fabric.

3. Hanging Loop (no pattern piece): Cut one piece 2 inches wide x 5 inches long piece



2. Sew Main Stocking body

1. Attach batting/fleece to the wrong side of the exterior sock fabric pieces (Pattern Piece A). Quilt your sock as desired. That can be as simple as drawing lines on the batting side and then sewing along those lines.



2. Place exterior sock pieces right sides together use clips to aligning all raw edges.



3. Stitch with a ½ inch seam allowance all around the Sock leaving the top open. Be careful when going around the curve at the toe.



4. Trim the seam allowances down to a ¼" and clip into all curves, especially along the curl of the toe.



5. Turn right side out and use a blunt tool (or chop stick) to get the curly toe nice and pointy. Press around all edges of both pieces – ensuring that the sock is extended to the seams.



3. Sew Lining

1. Place lining pieces right sides together and pin aligning all raw edges. Stitch leaving the top open AND an opening for turning the stocking right side out.
 - starting at the top, use a 1/2 inch seam allowance and stitch down the stocking about half way.
 - Backstitch to secure your stitches.
 - Leave a gap of 3-4 inches and continue sewing (secure your stitches at the beginning and end) all the way back up to the other top edge, leaving the top unsewn.



2. Trim the seam allowances down to a 1/4" and clip into all curves. Turn right side out and press around all edges.



4. Create the Hanging loop

1. Fold the loop piece in half with the raw edges even along the long edge.



2. Sew with $\frac{1}{2}$ inch seam allowance and trim
3. Turn the “tube” right side out and press so the seam is in the middle of one side.



Optional: sew a top stitch on either side along the pressed edges

5. Make Cuff

1. FOR A NORMAL CUFF (4 pieces).
 - Place two rectangular cuff (Pattern Piece B) pieces right sides together and pin or clip the sides.



Stitch along the short sides with a 1/2 inch seam allowance. Do the same with the remaining cuff pieces. Press seams open.



- Turn one cuff piece right side out and place it inside the other piece so right sides are together. Pin along the raw edges aligning the sides.



- Sew along the bottom edge with and 1/2 inch seam allowance
- Turn cuff right side out and press entire cuff well.
- Optional: Topstitch 1/4" along the bottom (sewn) edge.

2. FOR THE POINTED ELF CUFF:

- Trace dashed lines onto the wrong side of two of the cuff pieces only (free hand or use a template)



- Place the two rectangular cuff (Pattern Piece B) pieces with the traced lines right sides together and stitch along the short sides with a ½ inch seam allowance. Do the same with the remaining cuff pieces. Press seams open. Turn the untraced cuff piece right side out.
- Place the untraced cuff piece inside the traced cuff piece with right sides together and pin along the raw edges aligning the sides. Baste 1/4" along the bottom raw edge to keep these pieces from shifting and to provide the bottom line for the points.



- Sew along the lines you traced on to the back of the cuff pieces, being careful not to cross the basting line along the bottom. Trim off the triangle excess fabric below the stitched lines leaving about a 1/8" seam allowance.



- Clip into each top peak as close as you can without snipping through your stitches and clip each bottom point.



- Turn cuff right side out and push out each point with fingers and/or a turning tool (or chop stick). Press entire cuff well. Topstitch 1/8" along edges of the resulting triangles.



6. Assemble and finish

1. With the right sides of the stocking body facing out. Slide the cuff (pointed shown) over the stocking body, matching top raw edges matched and the side seam of the cuff lined up with the back (heel) seam of the stocking. Pin or clip in place.



2. Then take the loop and fold it in half with the raw edges even and the seam on the inside of the loop. Place the raw edges centered over the back/side seam of the cuff and stocking. Secure in place by sewing along the edge of the loop at about $\frac{1}{4}$ inch from the top edge.



3. Using a basting stitch, sew about $\frac{1}{4}$ inch along the top to secure both the cuff and loop in place to the stocking.
4. Turn the stocking inside out (the lining should still be right sides facing out.)
5. Place the lining inside the stocking body, right sides together. Be sure to line up the side seams and have the toes/heels going the correct direction. Clip all pieces together.



6. Using a $\frac{1}{2}$ " seam allowance, stitch around the entire top edge of the stocking. Just take your time and stitch slowly over the loop. Trim the seam to $\frac{1}{4}$ ".



7. Turn right side out: Pull the lining out from inside the stocking,



then reach inside the opening you left in the lining to pull the stocking through.

Hand or machine stitch the opening in the lining closed. Press the whole thing again.



8. Push the lining down into the stocking so that it goes all the way down to the toe. Note that the reason that the liner has the curly toe cut off is that it would be difficult to push the lining into the curl. Smooth out the pieces along the top seam. Press along the top. Ta-da!!





Note:

1. If you are using directional fabric, be sure to cut the pieces so the fabric design orientation is correct. This applies to both the stocking body and the cuff. Make sure that Santa is not standing on his head.
2. There are many possibilities for embellishing the cuff. For the “pointed” Elf cuff, a good choice would be pom poms or bells sewn at each point. ‘
3. Optional: You can also do an "understitch". The understitch will help the lining to lay flatter inside the stocking. To understitch, unfold the cuff and make sure the lining is smoothly inside the stocking. Stitch close to the seam along the top edge of the lining fabric. Then fold the cuff back down and press along the fold